FREEDOM HIGH SCHOOL

Girls Tennis Season 2019-2020

Team Policies and Procedures

1. Practice starts at 4:15 and ends at 5:45 pm, Monday through Friday with the exception of major holidays, October Break, or later start times due to heat or other scheduling conflicts in which hours are to be announced through the Remind101 account.
2. All members must participate until the end of practice unless:
3. A doctor’s excuse is present, with a note.
4. An educational class conflict exists and a note is presented.
5. Players may take one day off per week for competitive play or private lessons with an off campus coach.
6. A coach dismissal.
7. An extraordinary circumstance such as a family emergency
8. Failure to be at practice without an excuse from above will result in a conditioning exercise of one Freedom loop, and/or if it is the practice the day before a match, a suspension lasting one game.
9. A player must attend at least half of practice the day before a game or the player will not play; no exceptions. The player also must let the head coach know they are going to miss practice by 2:00pm in order for the coach to honor her attendance.
10. A player who has an unexcused or not prearranged/excused tardy will do 15 push ups, and be responsible for putting away ball carts, hoppers, and water into the tennis room for practice that day

All members will excel in the practice of sportsmanship and honesty.

1. Coach will strongly encourage each member to shake the opposing player(s) and coach(s) hand(s) before and after the matches.
2. Each member will call line calls honestly to the best of their ability.
3. A line judge can be requested if opinions on the court differ.
4. Under no circumstances can any member goad, insult, or badger an opponent, and profanity will not be tolerated. Any violation will incur a 15 push up or 1-lap penalty for the individual using profanity.
5. Team members will support each other in all matters.
6. Team members will be unbiased during challenge matches.
7. Players of challenge matches will not appeal to observers for line calls.

3) A team captain will be voted on the day before the first league match, **Monday September 23rd**, and has the following duties:

1. Report the team morale at various points during the season.
2. Encourage team members when needed.
3. Set a high example for team.
4. Report to Club Council Meetings with issues regarding tennis and debrief team at next practice or meeting.

\*\*4) All players will devote enough time to complete their scholastic duties and not fall behind.

1. All players will pick up homework assignments before class when an away match is scheduled.
2. All players will not become involved in discipline matters at school.
3. Any cut classes the day of or before the day of a tennis match will result in the penalty of not being able to participate in the match.
4. Any cut will result in a six-lap penalty and a formal written letter of apology to the teacher whose class was cut.
5. Any combination of four cuts during a tennis season will result in expulsion from the team.

*\*\*Regulation #4 may only be edited or changed with the approval of administration and may be changed by administration at any time.*

5) Boys/Girls may attend practices during alternating off-seasons with the following guidelines:

1. Courts must be relinquished to players on-season.
2. Off-season players must assist on season players if necessary.
3. Conduct detrimental to the above will result in a one week suspension from visitations.

Ladders:

1. The coach will provide an active ladder for the public at every practice after tryouts have been completed.
2. All those interested in becoming members of the tennis team must attend all tryouts unless the individual trying out is ill and presents a parent note upon return (no more than 2 days) or is involved in a conflicting school activity (no more than 2 days).
3. If an individual trying out is seriously injured, but will be able to participate at some point throughout the year, the individual must attend all practices for one hour.
4. Upon recovery, the injured individual will be placed in the lineup at the coach’s discretion.
5. The team may carry a maximum of 30 players.
6. A minimum of four freshmen must be included.
7. Any senior below the fifteenth ladder ranking will be cut from the team, unless there are less than thirty players and at least four freshmen on the team.
8. Ladders will be created with the strongest player at the top and the members in need of most improvement at the bottom and change with challenge matches throughout the season.
9. After the initial ladder creation by the coach after tryouts, members may challenge within three spots of their current position.
10. The top ranked JV singles player may challenge 5 & 6 singles. The top ranked JV doubles team can challenge three doubles. If a JV team or player beats a varsity team or player the varsity team drops to JV and the varsity spot is taken by the winner. 3 doubles may challenge 6 and 5 singles, 2 doubles may challenge 5 and 4 singles, 1 doubles may challenge 4 and 3 singles and vice versa. 1 and 2 singles may only challenge 1 doubles with partner of choice.
11. A player may request a challenge match every practice, but the coach is only obligated to allow a challenge on Fridays. In addition, players may challenge on a different week day on weeks that have scheduled Friday tennis events.
12. There are no refusals of challenge matches.
13. Challenge matches may take place after practice with the agreement of both members involved and under supervision of a coach.
14. If you win previous challenge match player(s) must have an opportunity to challenge up during next challenge day before being challenged.
15. The top six ladder positions will make up the top six singles positions in a 6-3 lineup.
16. The seventh through twelfth spot will make up the three doubles teams unless the following extenuating circumstances occur:
17. One of the top six players declares that s/he would like to play doubles for the entire season in which case the #7 position on the ladder becomes a singles player.
18. One of the members in the sixth through twelfth spots cannot coexist or cooperate with others in the fifth through twelfth spots.
19. The thirteenth through twentieth spot will make up the starting JV team which will consist of two singles and three doubles teams.
20. Once doubles teams are established, they will last for the season unless extenuating circumstances occur.
21. Injury or serious illness
22. Family hardship
23. Ineligibility
24. Any spot after fifteen will be considered a JV spot with the lowest number being 30. All those below 30 are cut (with exceptions of injury before the season)
25. JV doubles teams may challenge Varsity doubles teams for varsity position and thus affect the ladder.

Suspensions:

1. Suspension will occur only when the rules of the school or guidelines of the team have violated. In addition, a suspension can be issued for conduct detrimental to the team.
2. The coach decides the suspension period.
3. Minimum suspensions will be two days.
4. Maximum suspensions will be two weeks.
5. Anything longer or a combination of suspension adding up to two weeks will be considered an expulsion from the team.

Budgets and Fundraising:

1. A current tennis team budget will be provided by the coach by any member request.
2. All members are responsible for replenishing the budget for anything spent during the season.
3. This includes, but is not limited to, uniforms, food, travel, expenses, trophies, etc.
4. All budgetary functions must first be cleared through the coach.

Non-Policy Incidents:

1. The policy will be reviewed at the end of each season and adjusted / amended accordingly.
2. Any issue that arises and is not covered by the current policy will be decided and acted upon at the coach’s discretion.
3. An appeal can be made to the athletic director if unsatisfied.

*Policy Updated by the Team: 8/29/2019*